



THOMAS CO HEALTH DEPT

# BASIC FIRST AID **AND CPR** TRAINING

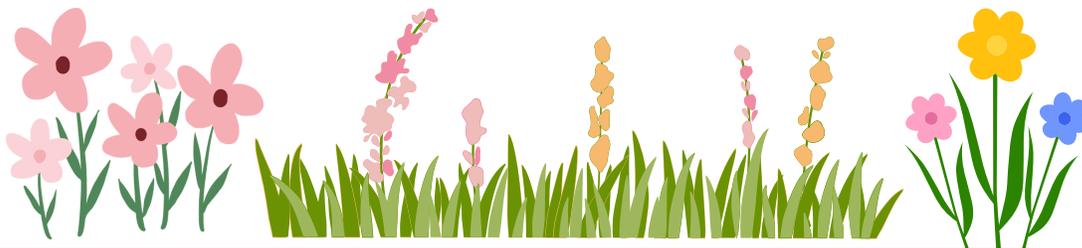
## **TRAINING INCLUDES:**

- ✓ CPR (Cardiopulmonary Resuscitation)
- ✓ Basic First Aid and Bleeding Control
- ✓ Choking Relief
- ✓ FREE Heartsaver CPR Certificate Card



**ANYONE WELCOME (14 YRS & OLDER; PLEASE BRING SACK LUNCH):**

**SATURDAY, APRIL 11, 2026 | 9:00 AM | THOMAS CO  
OFFICE COMPLEX CONFERENCE ROOM, COLBY**



## **CONTACT US:**



(785) 460-4596



[www.thomascohealth.com](http://www.thomascohealth.com)

For large groups, businesses, or individuals needing BLS Certification, please contact our office. Class size limitations.

Scan QR Code  
to Sign-Up:



Updated 3.12.26